



Lecture Topics

- Healthy Living Habits
- Heart Attack & Stroke: Prevention, Treatment, & Diagnosis
- Heart Disease: Prevention & Risk Factors
- Stroke: Prevention, Treatment, & Diagnosis
- Preventive Nutrition for Families
- How to Get Kids to Eat Great & Love it!
- Women and Heart Disease
- Diabetes, a CVD Risk Factor
- Cardiac Rehab & Healthy Heart Nutrition
- Alzheimer's & Cardiovascular Disease
- Sudden Cardiac Death & Prevention
- Sudden Cardiac Death & Heart Failure

*Please let us know if you do not see the topic you're looking for. We are continually adding new topics to meet your needs.

* Please let us know if you would like us to include complimentary blood pressure and/or body fat composition screenings with your lecture.

*Our speaker panel includes board certified cardiologists, internists, pediatricians, and registered dietitians.

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